

Ref. No: 1702  
Date: 28/04/25  
Subject: Medical admissions in Adults due to an Eating Disorder

## REQUEST & RESPONSE

### Data requested:

ALL adult admissions for an eating disorder (diagnosed **before** or **during** admission) with a primary reason for the admission being eating disorder related – **diagnosis key words** – Anorexia Nervosa, Atypical Anorexia Nervosa, Bulimia Nervosa, Atypical Bulimia nervosa, Eating Disorder Not Otherwise Specified (EDNOS), Avoidant Restrictive Food Intake Disorder (ARFID), Binge Eating Disorder (BED).

### Dates:

Admission dates between **01/01/2020 – 31/12/2024**

### Purpose:

To analyse the role of district general hospitals in the acute treatment of eating disorders moving from the MARSIPAN infrastructure to MEED.

### Data:

Data	Patient A	Patient B	Patient C etc.....
Date and time of admission			
Date and time discharge			
Male or Female			
Patient age			
Reason for admission			
Weight (kg) and BMI (kg.m2) on admission			
Weight (kg) and BMI (kg.m2) on discharge			
New or Existing eating disorder diagnosis			
Informal/formal			

(sectioned at any time)			
Treatments provided			
Was a NG used, if so for how long (days)			
Was a NJ used, if so for how long (days)			
<b>Was the local community eating disorders providing support</b> (under MEED - Managing Medical Emergencies in Eating Disorder)			
<b>Discharge destination</b> (home, specialist eating disorders unit, psychiatric unit, another district general hospital)			

**Were there any challenges collecting this information, if so, what were they:**

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The below response is for MWL:

<b>Primary Diagnosis</b>	<b>2020</b>	<b>2021</b>	<b>2022</b>	<b>2023</b>	<b>2024</b>	<b>Grand Total</b>
Anorexia Nervosa	3	4	6	5	18	36
Bulimia Nervosa	0	0	0	2	0	2
Eating disorder, unspecified	3	3	4	6	9	25
Other eating disorders	1	0	1	1	0	3
<b>Grand Total</b>	<b>7</b>	<b>7</b>	<b>11</b>	<b>14</b>	<b>27</b>	<b>66</b>