

Ref. No:	2145
Date:	03/11/25
Subject:	Stroke patient discharge.

REQUEST

1. A copy of the **stroke patient discharge template(s)** currently in use by the Stroke Unit (please note: no patient-identifiable information is requested or required; only the blank template).
2. Copies of any **standardised post-stroke discharge information, leaflets, or guidance** (written or other formats e.g. videos) routinely provided to patients and/or carers upon discharge from the Stroke Unit.

RESPONSE

The patient discharge template is the Trust ICE discharge template that incorporates Medical and Therapy discharge updates

Leaflets / Advice and Support offered on discharge:

- Stroke Association Leaflets-
- Post stroke fatigue
- DVLA advice
- Supporting stroke survivors (carer pack)
- Understanding A/F (Atrial fibrillation)
- We also have guidance patients specifically (communication difficulties after stroke)
- Stroke (after your stroke)-see below

Patient resources and guides

- If the patients are involved in any research post stroke they will receive specific information on that study also

Stroke pack below provided by the stroke association, is also given on discharge or sent to the patient via the stroke association.

We want to support you as much as we can in helping your patients rebuild their lives after stroke. On this page you'll find information on key resources and support to signpost your patients to:

The **Stroke Support Pack** has been created with stroke survivors and health professionals and specifically designed to give to people whilst in hospital. The pack consists of a 'hello' folder which introduces our organisation. It lets people know **who we are** and how **we are here to support them** throughout their recovery journey – whenever they need us.

It also consists of two guides, a guide for **people who have had a stroke** and a guide for **people who are supporting someone** after a stroke.

These are called:

- **After your stroke.**
- **Supporting someone after a stroke.**

The guides contain useful information to:

- help people understand what has happened and how it might affect them.
- give answers to common questions about stroke. Including questions around recovery and rehabilitation, secondary prevention and daily living after returning home.

Please note, not all information is relevant to every patient.