

Ref. No: 2335  
Date: 02/02/26  
Subject: Enhanced pathway obesity in pregnancy

## REQUEST

We are a team undertaking a **rapid review of enhanced maternity care pathways for people with obesity during pregnancy**.

Please provide the following information for your Trust:

1. **Pathway availability**

- Does your Trust have an enhanced and/or specialist maternity pathway for pregnant people with a raised BMI (for example BMI  $\geq 40$ , or any other threshold used locally)?

2. **Documents requested**

If yes, please provide copies (current versions) of any relevant documents, such as:

- Pathway documents, clinical guidelines, guidance documents
- Referral criteria and triage tools
- Patient information leaflets used as part of the pathway
- Any related governance documents (e.g., policy statements or service specifications) that describe how the pathway operates

3. **Evaluation and resources**

- Any evaluation reports, audits, business cases, or outcome summaries relating to the pathway (if held)

If your Trust does not have a specific pathway a brief confirmation would be helpful.

**Format and practicalities:**

- Email response is preferred. If documents are large, please provide links or attachments in common formats (PDF/Word).
- Please also include the **name and contact details** of the lead for the enhanced care pathway.
- If any part of this request is refused under an exemption, please provide the exemption(s) relied upon and the reasoning and release any non-exempt material.
- If clarification would help to reduce cost or locate information, please contact us and we will refine the request.

## **RESPONSE**

Please see attachments