

Ref. No: 2364
Date: 17/02/26
Subject: ADHD, Autism and CAMHS Therapy Services

REQUEST & RESPONSE from STHK

Please provide details on the Trust's provision of ADHD, Autism, and CAMHS therapy services across Children's and Adults' pathways.

1. Service Availability

For each of the services below, please confirm whether the Trust directly provides the service, commissions it externally, or does not provide it:

Children's Services

- Children's ADHD assessments.
St Helens Developmental Paediatrics Service provide full ADHD assessment/treatment and post-diagnostic support
- Children's Autism assessments ***St Helens Developmental Paediatrics Service contributes to the autism assessments however the pathway is co-ordinated by Merseycare. St Helens Developmental Paediatrics service provides a social communication assessment as part of this pathway; once this is completed the CYP awaits assessment at a multi-disciplinary panel led by Merseycare with representation from a Paediatrician from the St Helens Developmental Paediatric Service.***
- CAMHS therapy services (please specify the therapy types delivered: e.g. CBT, family therapy, psychotherapy, group interventions, etc.) ***St Helens Developmental Paediatrics Service do not provide CAMHS therapy service, this is provided by Merseycare***

Adult Services

- Adult ADHD assessments ***St Helens Developmental Paediatrics Service do not provide, this is provided via Merseycare***
- Adult Autism assessments ***St Helens Developmental Paediatrics Service do not provide, this is provided by Merseycare***

2. Responsible Team

For each service that is provided or commissioned, please confirm:

- The team name responsible for delivering or overseeing the service. ***St Helens Developmental Paediatrics provide the services as described above***
- The directorate, care group, or division under which the service sits. ***Womens & Children Division***

3. Waiting List Ownership

For each service, please provide:

- The job title (and name, if permissible) of the individual responsible for managing or overseeing the waiting list. **Susan Thong, Directorate Manager Paediatrics**
- Whether the waiting list is managed internally by the Trust or by an external commissioned provider. **Internally**

4. Additional Context (If Available)

Where possible, please also share:

- Whether the service is delivered in-house, through an external partner, or via a mixed model. **All aspects outlined above are carried out in-house**
- Any published pathway documents, service specifications, or summaries relating to ADHD, Autism, or CAMHS therapies.

Please see attached

Please note these answers are in relation to Community Paediatrics – West Lancashire

REQUEST & RESPONSE from (S&O)

Please provide details on the Trust's provision of ADHD, Autism, and CAMHS therapy services across Children's and Adults' pathways.

1. Service Availability

For each of the services below, please confirm whether the Trust directly provides the service, commissions it externally, or does not provide it:

Children's Services

- Children's ADHD assessments **Children's ADHD assessment and ongoing management in West Lancashire are directly provided by Lancashire & South Cumbria NHS Foundation Trust (LSCFT) via Child and Adolescent Mental Health Services (CAMHS) and Community Paediatrics, working within local neurodevelopmental pathways.. Support includes assessment, diagnosis where appropriate, medication management, and follow-up in line with clinical need.**
- Children's Autism assessments: **Autism assessment services for children and young people in West Lancashire are not currently provided, as the local autism diagnostic pathway is closed. As a result, the pathway is not accepting new referrals for children's**

autism assessments at this time. Community Paediatrics (West Lancashire) previously undertook screening for Autism Spectrum Disorder (ASD); however, this activity has now ceased. Children and young people requiring an autism assessment are now directed to the Right to Choose (RTC) pathway, with referral made by the GP.

- CAMHS therapy services (please specify the therapy types delivered: e.g. CBT, family therapy, psychotherapy, group interventions, etc.) **Community Paediatrics (West Lancashire) Service do not provide CAMHS therapy service, this is provided by Lancashire & South Cumbria NHS Foundation Trust (LSCFT) through Child and Adolescent Mental Health Services (CAMHS).**

Adult Services

- Adult ADHD assessments **Adult ADHD assessment services are not provided by Community Paediatrics in West Lancashire. For residents of West Lancashire, adult ADHD assessments are provided via the Lancashire ADHD Service, delivered by Modality LLP, through commissioned adult ADHD pathways.**
- Adult Autism assessments: **Adult autism diagnostic assessment services are not provided by Community Paediatrics in West Lancashire. For adults living in West Lancashire, the neurodevelopmental (autism) assessment service is commissioned via NHS Lancashire and South Cumbria Integrated Care Board (ICB). The ICB has a commissioned provider (Clinical Partners) who accepts referrals under an NHS pathway for adult autism assessments, this includes diagnostic assessment for adults who require an autism evaluation**

2. Responsible Team

For each service that is provided or commissioned, please confirm:

- The team name responsible for delivering or overseeing the service **Community Paediatrics in West Lancashire provide the services as described above**
- The directorate, care group, or division under which the service sits. **Womens & Children Division**

3. Waiting List Ownership

For each service, please provide:

- The job title (and name, if permissible) of the individual responsible for managing or overseeing the waiting list. **Julie Bourke, Directorate Manager Paediatrics**
- Whether the waiting list is managed internally by the Trust or by an external commissioned provider. **Internally**

4. Additional Context (If Available)

Where possible, please also share:

- Whether the service is delivered in-house, through an external partner, or via a mixed model. **All aspects outlined above are carried out in-house**
- Any published pathway documents, service specifications, or summaries relating to ADHD, Autism, or CAMHS therapies.

Please see attached