

Ref. No: 2376
Date: 23/02/26
Subject: Hysteroscopy pain management

REQUEST & RESPONSE – STHK

1. Please supply a graph of your most recent audit of pain scores for a. diagnostic hysteroscopy b. operative hysteroscopy

We do not have this presented graphically and do not have the data separated by diagnostic or operative cases.

The pain scores, on a scale of 0 (no pain) to 10 (worst pain imaginable) were:

Pain score	% respondents
0	0
1	3.7
2	8.6
3	9.8
4	12.3
5	12.3
6	8.6
7	8.6
8	20.9
9	8.6
10	6.2

2. In the last 2 years how many/and what percentage of your hysteroscopy patients had the service of an anaesthetist giving general or regional anaesthetic or IV sedation plus analgesia for :
 - a. diagnostic hysteroscopy
 - b. operative hysteroscopy

We are unable to collate the data required. What we can confirm is in the last 2 years at STHK, there were 826 hysteroscopies performed under general, regional or IV sedation.

We have no way of identifying if they were diagnostic of operative.

3. Is Entonox routinely available for your awake hysteroscopy procedures.
Yes

4. Is Pentrox available for your awake hysteroscopy procedures? If so is this available to all patients from the outset of the procedure or only at the onset of pain?

Yes, from the outset or on request as per patient preference

5. Do you offer IV sedation with analgesia for hysteroscopy in a. outpatients and b. day case/theatre.

N/A

6. Are you considering offering IV sedation with analgesia for hysteroscopy. If so would this be a new/separate clinic?

Unable to consider this until reconfiguration, allowing for an appropriate recovery area

7. What percentage of your patients received any kind of anaesthesia for a. diagnostic hysteroscopy b. operative hysteroscopy

See above

8. What percentage of all your hysteroscopy procedures couldn't be completed due to pain or distress in a. diagnostic hysteroscopy b. operative hysteroscopy

We have not got this specific data

9. Is it true that local anaesthesia is only offered if the patient is showing signs of pain during a. diagnostic hysteroscopy b. operative hysteroscopy

No

10. Are over-the-counter medicines patients take at home and distraction techniques the ONLY pain management used for a. diagnostic hysteroscopy b. See and Treat polypectomy/myomectomy c. scheduled polypectomy/myomectomy d. endometrial ablation.

No

11. Would you please supply a copy of your consent forms for all types of hysteroscopy procedures (Outpatient and day case with anaesthetist.)

Please see attached

12. Would you please supply or tell me where I can see, a recent Hologic audit of your Myosure service.

We have not had a Hologic audit of our Myosure service.