

Ref. No: 2464  
Date: 26/03/26  
Subject: Mental health services

## REQUEST

Does your NHS trust provide any mental health services for under 18 year olds (e.g. CAMHS)?

If you do not, please reply stating that you do not provide mental health services for under 18 year olds and none of the other questions of this FOI are required as they are not relevant.

If you do provide mental health services for under 18 year olds:

- What is the age brackets for the mental health services for young people before they move to adult services (for example 0-18 year olds or 0-25 years old)?
- What do you call this service (for example Child and Adolescent Mental Health Services (CAMHS) or if there is a specific name you use)?
- What methods of referral do you accept (for example- referrals from GPs/schools)?
- Are self referrals an option? If so what are the requirements (e.g. minimum age)?
- What is your method of advising patients of appointments (e.g. text/post)?

I would also like to request a blank document of the following forms:

- The form used by GPs/schools to refer a young person
- The form used if a young person is referring themselves
- Any forms that are provided at the first appointment for the young person/parent to fill out in regards to contact information, preferences of methods of contact, who is attending the appointments etc
- Any relevant forms to indicate who is attending the appointment/aware of the referral (young person/their guardian/both) and which of the two should be contacted and if there is a preference of contact method

## RESPONSE

We do not provide mental health services but our 2 local mental health providers are Merseycare NHS Foundation Trust and Lancashire & South Cumbria NHS Foundation Trust.

<https://www.merseycare.nhs.uk/>

<https://www.lscft.nhs.uk/>