

Ref. No: 2435
Date: 17/03/26
Subject: VTE Prophylaxis in Elective Orthopaedics

REQUEST AND RESPONSE

The request details of your Trust's current VTE prophylaxis guidelines for elective orthopaedic surgery.

Please provide the following (or the relevant policy document):

1. Non-arthroplasty knee surgery (e.g. arthroscopy/ACL):

- **Agent, dose, duration, and any comments/risk criteria**

Arthroscopy procedure with meniscal trimming – No Chemical VTE, only TEDS

ACL reconstruction – TEDS and Apixaban for 2 weeks

2. Total Hip Replacement (THR):

- **Standard-risk: agent, dose, duration**
- **High-risk: agent, dose, duration**

TEDS along with Apixaban for 28-30 days

3. Total Knee Replacement (TKR):

- **Standard-risk: agent, dose, duration**
- **High-risk: agent, dose, duration**

TEDS along with Apixaban for 14 days

If a patient is high risk, additional mechanical Prophylaxis with flow trans is used.