

Ref. No: 2525
Date: 23rd April 2026
Subject: GLP-1 Receptor Agonist Guidance Prior to OGD

REQUEST

Regarding your Trust's guidance and practice relating to the management of glucagon-like peptide-1 receptor agonists (GLP-1 RAs) prior to upper gastrointestinal endoscopy (oesophago-gastro-duodenoscopy, OGD).

1. Guidance Availability

a) Does your Trust have any guidance, protocol, or policy relating to the management of GLP-1 receptor agonists prior to OGD?

b) If yes, please provide:

- A copy of the guidance, or
- A link to where it is publicly available

No specific policy

2. Medication Management

a) What is your Trust's recommendation regarding oral GLP-1 receptor agonists prior to OGD?
(e.g. continue, omit morning dose, withhold for a defined period)

Morning appt. take after procedure
Afternoon appt. omit til next morning

b) What is your Trust's recommendation regarding injectable GLP-1 receptor agonists prior to OGD?

No policy/recommendation

3. Indication-Specific Guidance

a) Does your Trust differentiate guidance based on indication (e.g. diabetes vs obesity)?

Patient information relates to oral GLP-1's related to diabetes only.

b) If yes, please outline how recommendations differ.

Patient information relates to oral GLP-1's related to diabetes only.

4. Fasting Protocol

a) Does your Trust modify fasting instructions for patients taking GLP-1 receptor agonists prior to OGD?

No

b) If yes, please provide details of the modified fasting protocol.

5. Operational Impact

a) Has your Trust identified any impact of GLP-1 receptor agonist use on OGD procedures (e.g. cancellations, retained gastric contents, aspiration risk)?

No

b) If recorded, please provide any available data or summary information.

6. Governance

a) Has the management of GLP-1 receptor agonists in endoscopy been discussed, reviewed, or audited within your Trust?

No

Clarification

This request relates only to adult elective OGD procedures and excludes colonoscopy or other endoscopic procedures unless included within a shared protocol.

RESPONSE

