

Ref. No: 2336
Date: 02/02/26
Subject: Obesity Data & Wait Times

REQUEST

Please provide the following information for your Trust, covering the last five financial years (2019/20 - 2024/25)

1. Waiting Times and Access Indicators (Local Service Strain)

For each year listed above, please provide:

a. Referral-to-Treatment (RTT) elective waiting-time indicators, if held:

- Median RTT waiting time (in weeks)
- Number of patients waiting over 18 weeks (at year-end)
- Number of patients waiting over 52 weeks (at year-end)

b. The median waiting time for outpatient appointments in the following specialities:

- Endocrinology / Diabetes
- Cardiology
- Orthopaedics

2. Obesity-Related Hospital Admissions and Demand

For each year listed above, please provide:

a. The total number of inpatient admissions where obesity was recorded as:

- A primary diagnosis (ICD-10 code E66), and/or
- A secondary diagnosis

b. The total number of admissions for the following obesity-related conditions (where obesity is a major risk factor), if available:

- Type 2 diabetes (E11)
- Coronary heart disease / myocardial infarction (I20–I25)
- Stroke (I60–I69)

c. If held, the total number of admissions specifically linked to bariatric surgery or specialist weight-management intervention.

RESPONSE

1a. Data below as per financial year end for English CCG patients only and for all specialties.

Split by site pre MWL merge	2019/20	2020/21	2021/22	2022/23
Median wait in weeks STHK	6	8	9	12
Median wait in weeks S&O	6	6	8	11
Patients waiting over 18 weeks STHK	1949	6686	10142	17438
Patients waiting over 18 weeks S&O	1009	1834	2659	7143
Patients waiting over 52 weeks STHK	0	1469	1461	1803
Patients waiting over 52 weeks S&O	0	331	182	198

MWL	2023/24	2024/25
Median wait in weeks	13	11
Patients waiting over 18 weeks	31251	26694
Patients waiting over 52 weeks	2536	1910

1b. The Information Team are unable to provide the data in this way.

2a.

Split by site pre MWL merge	2019/20	2020/21	2021/22	2022/23	2023/24 (April 23 to June 24)
Primary diagnosis STHK	5	3	2	4	2
Primary diagnosis S&O	0	2	4	0	0
Secondary diagnosis STHK	2985	2772	3274	3617	957
Secondary diagnosis S&O	1713	1387	1636	1544	326

MWL	2023/24 (July 23 to March 24)	2024/25
Primary diagnosis	29	101
Secondary diagnosis	3966	5979

2b. The Information Team are unable to provide the data in this way as it is not possible in the data to state if obesity is a major risk factor of any other conditions.

2c.

Data previously provided by Sara Buckley.