

Ref. No: 2622
Date: 15/06/26
Subject: Type 1 diabetes testing

REQUEST & RESPONSE

I am writing under the Freedom of Information Act 2000 to request information held by your organisation regarding Type 1 diabetes testing. Please complete this form with the information you have available.

Q1. Do you provide autoantibody testing for diagnosis of Type 1 diabetes?

Yes

Q1a. If yes, please indicate which assays are available either onsite or via referral to another laboratory:

GAD

IA-2

ZnT8

Q1b. Does your organisation receive requests for Type 1 diabetes autoantibody testing in individuals without clinically diagnosed diabetes (e.g. screening of at-risk relatives or other asymptomatic individuals)?

Yes

No

Unknown

Q1c. Please provide the number of unique patients tested clinically for the following autoantibodies during:

- Calendar year 2025 – 200
- January–March 2026 – 49

Please exclude research-only testing where identifiable.

Please provide separate figures for:

-
- outsourced/referred testing

If exact patient numbers are not available, please provide the closest available measure (e.g. request numbers or assay volumes) and specify the metric used. Answer table:

		Patients Tested Onsite	Outside Lab
2025 (Calendar Year)	GAD only	N/A	8
	Combination of any of GAD, IA-2 and/or ZnT8	N/A	202
	IAA only (if available)	N/A	N/A
1 st quarter 2026 (January – March)	GAD only	N/A	6
	Combination of any of GAD, IA-2 and/or ZnT8	N/A	47
	IAA only (if available)	N/A	N/A

Q1d. If an external laboratory is used, please provide:

- laboratory/provider name – **Exeter Clinical Labs**
- location – **Blood Sciences - Area A2 Royal Devon and Exeter NHS Foundation Trust Barrack Road Exeter EX2 5DW**

Answer:

Q2a. If readily available, please provide the number of unique patients in 2025 and Jan–Mar 2026 who tested positive for:

- i) one autoantibody - **48**
- ii) two or more autoantibodies - **44**

Please exclude research-only testing where possible.

Q2b. Of the unique patients who tested positive, how many were referred through an early stage/asymptomatic screening programme?

Answer: Unknown

Q3. Please provide the average turnaround time over the last 12 months for Type 1 diabetes autoantibody testing:

**referred testing (if applicable)
15 working days**