

Ref. No: 2608
Date: 08/06/26
Subject: Anabolic Steroid Related Hospital Admissions

REQUEST

Under the Freedom of Information Act 2000, I would like to request the following information for each financial year from 2021/22 to 2025/26 (or the most recent five complete years available).

Please provide:

1. The number of hospital admissions where anabolic-androgenic steroid (AAS) use, misuse, dependence, poisoning, adverse effects, complications, or abuse was recorded as:
 - a) the primary diagnosis; and/or
 - b) a secondary diagnosis.
2. The number of inpatient deaths where anabolic-androgenic steroid use, misuse, dependence, poisoning, adverse effects, complications, or abuse was recorded anywhere within the patient's diagnostic record.
3. The number of admissions involving:
 - a) acute liver failure;
 - b) chronic liver disease;
 - c) cirrhosis;
 - d) drug-induced liver injury;where anabolic-androgenic steroid use, misuse, dependence, poisoning, adverse effects, complications, or abuse was also recorded.
4. Any ICD-10 codes, SNOMED codes, or other clinical coding definitions used by the Trust to identify the cases included in response to Questions 1–3.
5. If available, please provide annual totals broken down by:
 - a) age group (under 18, 18–24, 25–34, 35–44, 45–54, 55+); and
 - b) sex.

If the Trust does not specifically record anabolic-androgenic steroid use, please provide any equivalent data held relating to anabolic steroid misuse or abuse and explain the coding methodology used.

RESPONSE

1. The number of hospital admissions where anabolic-androgenic steroid (AAS) use, misuse, dependence, poisoning, adverse effects, complications, or abuse was recorded as:
- the primary diagnosis; and/or
 - a secondary diagnosis.

	MWL
2021/22	<5
2022/23	<5
2023/24	<5
2024/25	<5
2025/26	<5

	2021/22	2022/23	2023/24	2024/25	2025/26
Under 18	0	0	0	0	0
Between 18 - 24	<5	<5	0	<5	0
Between 25 - 34	0	<5	0	<5	0
Between 35 - 44	0	0	<5	<5	0
Between 45 - 54	0	0	<5	0	<5
55+	<5	<5	0	0	<5

	2021/22	2022/23	2023/24	2024/25	2025/26
Female	<5	<5	<5	<5	<5
Male	<5	<5	<5	<5	<5

2 The number of inpatient deaths where anabolic-androgenic steroid use, misuse, dependence, poisoning, adverse effects, complications, or abuse was recorded anywhere within the patient's diagnostic record.

The data provided is for patients who died within the Trust who had a diagnosis of anabolic-androgenic steroid use, misuse, dependence, poisoning, adverse effects, complications, or abuse was recorded. This does not stipulate the death was caused by this diagnosis

	MWL
2021/22	0
2022/23	0
2023/24	0
2024/25	0
2025/26	<5

3. The number of admissions involving:

a) acute liver failure;

b) chronic liver disease;

c) cirrhosis;

d) drug-induced liver injury;

where anabolic-androgenic steroid use, misuse, dependence, poisoning, adverse effects, complications, or abuse was also recorded.

No patients admitted acute liver failure, chronic liver disease, cirrhosis or drug-induced liver injury also had a diagnosis of anabolic-androgenic steroid use, misuse, dependence, poisoning, adverse effects, complications, or abuse

4. Any ICD-10 codes, SNOMED codes, or other clinical coding definitions used by the Trust to identify the cases included in response to Questions 1–3.

T38.7 – Anabolic Steroid

F55X - Abuse of non-dependence-producing substances

(Abuse of other drugs including steroids is also included in this code)

K720 - acute liver failure

K769 - chronic liver disease

K746 - cirrhosis

K719 - drug-induced liver injury