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Date:	01/07/26
Subject:	Definition and confirmation of influenza case

REQUEST & RESPONSE

1. Your definition of an active case of influenza.

The definition of a case of a possible case of influenza = patient with any of the following:

Signs & Symptoms

- Pyrexia or recent history of fever
- Cough
- Sore throat
- Rhinorrhoea (runny nose)
- Malaise
- Arthralgia
- Myalgia (limb, joint pain)
- Headache
- Vomiting or diarrhoea
- Swollen lymph nodes neck (children)
- Other life-threatening illness suggestive of an infective illness

The definition of a confirmed case of influenza would be one that is confirmed as positive for influenza by laboratory testing.

2. The methods used to confirm an influenza case and distinguish it from other acute respiratory infections.

Testing using PCR (polymerase chain reaction)