

Ref. No: 2704  
Date: 16/07/26  
Subject: Implementing the Royal College of Midwives Perinatal Mental Health (PMH) Roadmap.

## REQUEST

This request forms part of an independent national review exploring how NHS maternity services are implementing the Royal College of Midwives' Perinatal Mental Health Roadmap, first published in 2023 and updated in 2025. The purpose of the review is to identify emerging practice, support shared learning and develop case studies that may assist NHS Trusts in improving perinatal mental health services.

I am particularly interested in initiatives that align with the Roadmap's themes of service integration, workforce development, professional supervision and reducing health inequalities in perinatal mental health care.

Please identify up to three perinatal mental health initiatives that have been introduced, piloted, reviewed or significantly expanded between 1 January 2023 and the date of this request.

For each initiative, please provide the following information where it is held:

1. The name or a brief description of the initiative.
2. The date it was introduced, piloted, reviewed or significantly expanded.
3. Which part of the maternity pathway it relates to (for example, antenatal, intrapartum, postnatal or transitional care).
4. Which of the following RCM Roadmap themes it primarily supports:
  - o Service integration
  - o Workforce development
  - o Professional supervision
  - o Reducing health inequalities
5. The staff groups involved.
6. The patient or service-user groups intended to benefit.
7. Whether the initiative involved the Maternity and Neonatal Voices Partnership (MNVP/MVP), service users or people with lived experience in its development, implementation or evaluation.
8. Any recorded benefits, outcomes, learning or evaluation findings.
9. Whether the initiative is:
  - o Ongoing
  - o Expanded
  - o Completed
  - o Discontinued
  - o Still in a pilot phase.

10. If available, please provide a link to, or a copy of, one existing document (for example an audit, evaluation, committee paper or webpage) that best describes the initiative.

In addition:

11. Has the Trust formally considered, adopted or referenced the Royal College of Midwives' Perinatal Mental Health Roadmap within any policy, strategy, work programme or service development?

If yes, please provide the title of the relevant document, programme or workstream.

I am not asking the Trust to create new information or undertake additional analysis. Where the requested information is already held within existing documents, summaries or webpages, please provide links, copies or relevant extracts where appropriate.

If no such initiatives have been introduced, piloted, reviewed or significantly expanded since 1 January 2023, please state this.

## RESPONSE

No initiatives have been introduced as a direct response to the Royal College of Midwives Perinatal Mental Health (PMH) Roadmap