

Ref. No: 2759
Date: 20th August
Subject: Mental Health Waiting Lists, Backlogs and Additional Capacity

REQUEST

1. Mental health waiting lists

Please provide the current waiting list position for each mental health, psychological, neurodevelopmental and dementia-related service provided by the Trust.

This should include, where applicable:

- Adult Community Mental Health
- Older Adult Mental Health
- Dementia and Memory Assessment Services
- NHS Talking Therapies / psychological therapies
- Psychology
- ADHD
- Autism
- CAMHS
- CAMHS ADHD
- CAMHS Autism
- Eating Disorders
- Perinatal Mental Health
- Early Intervention in Psychosis
- Other specialist mental health services

For each service, please provide:

- Number of patients currently waiting
- Longest current wait
- Number waiting more than 26 weeks
- Number waiting more than 52 weeks
- Median waiting time, where available

If the Trust records other mental health services with significant waiting lists that are not listed above, please include these as well.

2. Backlog recovery

For each service with a significant waiting list or backlog, please confirm:

- Whether a formal waiting-list or backlog recovery programme is currently in place
- The current size of the backlog
- Any target date for reducing or eliminating the backlog
- Whether additional clinical capacity is being used or planned to reduce the backlog

- Any significant initiatives planned over the next 12 months to reduce waiting times

3. External and additional clinical capacity

For the financial years **2024/25** and **2025/26**, please provide details of any external provider, insourcing provider, outsourcing provider, agency or other third-party organisation used to provide additional clinical capacity for mental health, psychological, neurodevelopmental or dementia-related services.

For each arrangement, please provide:

- Provider name
- Service/specialty provided
- Whether the arrangement was insourcing, outsourcing or another form of additional capacity
- Total expenditure for 2024/25
- Total expenditure for 2025/26
- Contract start date
- Contract expiry date
- Whether the arrangement is currently ongoing
- Procurement route, for example framework, competitive tender or direct award

Please provide separate figures for each provider and service where possible.

4. Planned expenditure and capacity

Please confirm whether the Trust has any approved or planned expenditure during **2026/27** on additional or external capacity specifically intended to reduce mental health, dementia, neurodevelopmental or psychological therapy waiting lists.

If so, please provide the estimated expenditure, service concerned and provider where known.

RESPONSE

We do not provide mental health services.

The only one from your list that our patients have access to is Perinatal Mental Health during pregnancy.

There is no waiting list. Women have appropriate times during pregnancy when need is identified either face to face, within clinics, or telephone consultations,