

Ref. No: 0487  
Date: 30/11/23  
Subject: Diabetes Structured Education

## REQUEST

1. Does your Trust offer Diabetes Structured Education service?
  - a. If yes, please confirm the name and type of each service.
  - b. What healthcare professionals are delivering this service and how many (FTE)?
  - c. If not, which organisation commissions these services for your population?
  - d. Please list the relevant services provided to your population.
  - e. How many places were commissioned for each service for FY 2023/24?
  - f. How many referrals have been received so far for each service in FY 2023/24?
  - g. How many patients are currently waiting for their first appointment for each of these service(s)?
  - h. Which funding pot(s) is used to deliver the service(s)?
  - i. What was the value of the budget for each service in FY 23/24?
  - j. Do you anticipate expanding, maintaining or decreasing the current service provision in the next financial year?
  - k. Are there currently staffing vacancies in these services, if so please provide the title, grade and FTE for each vacancy.
  - l. Who is the senior person in the Trust who is responsible for commissioning this service?
  - m. Who is the senior person in the Trust who is responsible for the delivery of this service?

**n. If this service is outsourced, who is your provider, and what is the duration and end date of their contract?**

## RESPONSE

St Helens and Knowsley Teaching Hospitals NHS Trust and Southport and Ormskirk Hospital NHS Trust became a single legal entity known as Mersey and West Lancashire Teaching Hospitals NHS Trust on 1<sup>st</sup> July 2023, as such parts of the response may be provided in two sections relating to the hospital sites of each of the legacy organisations.

### **1. Does your Trust offer Diabetes Structured Education service?**

St Helens and Knowsley:

Yes.

Southport and Ormskirk:

No.

#### **a. If yes, please confirm the name and type of each service.**

St Helens and Knowsley:

Face to face group sessions.

Southport and Ormskirk:

N/A

#### **b. What healthcare professionals are delivering this service and how many (FTE)?**

St Helens and Knowsley:

Diabetes specialist nurses and diabetes specialist dietitian.  
Approximately 2 FTE.

Southport and Ormskirk:

N/A

#### **c. If not, which organisation commissions these services for your population?**

St Helens and Knowsley:

N/A

Southport and Ormskirk:

MerseyCare (Sefton) and HCRG (West Lancs).

**d. Please list the relevant services provided to your population.**

St Helens and Knowsley:

Main services are group education sessions for individuals with newly diagnosed Type 2 Diabetes and carbohydrate counting / carbohydrate awareness courses for individuals with diabetes (mainly Type 1).

Southport and Ormskirk:

MerseyCare – Diabetes and You; and HCRG – Desmond.

**e. How many places were commissioned for each service for FY 2023/24?**

St Helens and Knowsley:

No specific number of commissioned places, but we maintain capacity to match the numbers of newly diagnosed individuals with diabetes in our catchment area.

Southport and Ormskirk:

We do not hold this information.

**f. How many referrals have been received so far for each service in FY 2023/24?**

St Helens and Knowsley:

*Basic education for newly (and pre-existing) diagnosed type 2 diabetes group education (BEND2): Referred 479*

*Help to manage lifestyle group education (HTML2): Referred 171*

*Insulin carbohydrate education (ICE): Referred 139*

Southport and Ormskirk:

We do not hold this information.

**g. How many patients are currently waiting for their first appointment for each of these service(s)?**

St Helens and Knowsley:

*Basic education for newly (and pre-existing) diagnosed type 2 diabetes group education (BEND2): Total 152*

121 of these patients have appointments allocated before year end 2023/24.

31 of these patients do not have an appointment allocated - we are in the process of contacting these patients to agree a suitable date, we have capacity to book before year end 2023/24.

*Help to manage lifestyle group education (HTML2): Total 14*

All of these patients have appointments allocated before year end 2023/24.

*Insulin carbohydrate education (ICE): Total 47*

All of these patients have appointments allocated before year end 2023/24.

Southport and Ormskirk:

We do not hold this information.

**h. Which funding pot(s) is used to deliver the service(s)?**

St Helens and Knowsley:

Income from contract with commissioners and NHS England Transformation funding.

Southport and Ormskirk:

We do not hold this information.

**i. What was the value of the budget for each service in FY 23/24?**

St Helens and Knowsley:

Information not available on record as we do not maintain a separate budget for this service.

Southport and Ormskirk:

We do not hold this information.

**j. Do you anticipate expanding, maintaining or decreasing the current service provision in the next financial year?**

St Helens and Knowsley:

Expanding in line with increase in prevalence of diabetes.

Southport and Ormskirk:

We do not hold this information.

- k. Are there currently staffing vacancies in these services, if so please provide the title, grade and FTE for each vacancy.**

St Helens and Knowsley:

No vacancies currently.

Southport and Ormskirk:

We do not hold this information.

- l. Who is the senior person in the Trust who is responsible for commissioning this service?**

N/A

- m. Who is the senior person in the Trust who is responsible for the delivery of this service?**

Clinical Director of Diabetes & Endocrinology

- n. If this service is outsourced, who is your provider, and what is the duration and end date of their contract?**

N/A